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## SWIMMING: North Penn boys, girls stay unbeaten with wins over Souderton

By [KEV HUNTER](#)  
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TOWAMENCIN — Pushing all the way to the end, North Penn's 400-yard freestyle relay capped things off in fitting fashion Thursday evening, as Brett Else, Kyle Supko, Liam Kelly and Thanas Kountroubis held off surging Souderton Area one final time.

Adrenaline was still overflowing at the Rick Carroll Natatorium.

"It was a good way to go out," Else said. "It's just a really fun meet — good crosstown rivalry. We love this meet every year. We don't have to travel far to each other's pool and it's just great competition."

Else and the Knights put in a tremendous, full-day's work, earning a 110-71 victory over Big Red while the Maidens also stayed perfect this season, powering their way to a 112-68 win over Souderton.



North Penn diver Marie Yacopino arcs through the air competing against Souderton during their meet at North Penn High School on Thursday, Jan. 22, 2015. (Mark C Psoras/The Reporter)



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The Knights and Maidens were able to sweep the relays and were propelled further along by some inspired efforts, including Harrison Friel's second-place 100 breaststroke swim of 1:02.45, and freshman Aidan Daly going sub-five minutes in the 500 also notching a second-place finish.

"Everybody lives for the rivalry meets," Maidens coach Matt Weiser said. "It was great. I thought our kids really stepped up today. There were a lot of people here today — it was loud, and it was just a great atmosphere for a meet."

In a meet loaded with fast times, Megan Zartman, Kailyn Evans and Olivia DiStefano distinguished themselves even further by winning four events — two individual swims as well as the relays.

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Kountroubis was a four-event winner for the Knights while Corey Smith took a pair of individual events and got it all started by leading off the winning 200 medley relay.

"We started off the meet really strong," said Knights coach Jeff Faikish, "and followed it all the way through."

In one of the best races of the day, Else was able to touch four hundredths of a second before Souderton's Cristian Musterait in the 100 free, as North Penn extended its lead.

"The 100 was probably the highlight of my night," Else said. "(Going against) Cristian Musterait, who's a great swimmer and a great guy, it was a really good race."

Big Red was impressive in several events and notched automatic district-qualifying times in multiple spots, including the girls 200 free relay. Spencer Nice, a freshman, was first in both the 100 fly and the 100 breast for the Indians.

"We needed a crazy-fast meet and we got a crazy-fast meet," Big Red coach Caitlin Warren said. "We had some good swims on both sides."

**Boys Swimming**

**North Penn 110, Souderton 71**

200 medley relay: 1. North Penn (Corey Smith, Harrison Friel, Shane Hennessey, David Grove), 1:41.66; 2. Souderton, 1:43.51; 3. North Penn, 1:43.71



North Penn and Souderton boys launch for a 100 yard backstroke event during their meet at North Penn High School on Thursday, Jan. 22, 2015. (Mark C Psoras/The Reporter)

200 free: 1. Thanas Kountroubis (NP) 1:45.28; 2. Brett Else (NP) 1:47.43; 3. Aidan Daly (NP) 1:51.83

200 IM: 1. Corey Smith (NP) 2:00.67; 2. Kyle Supko (NP) 2:01.82; 3. Harrison Friel (NP) 2:05.12

50 free: 1. Cristian Musterait (S) 22.10; 2. Liam Kelly (NP) 22.47; 3. Shane Hennessey (NP) 23.12

100 fly: 1. Spencer Nice (S) 54.53; 2. Kyle Supko (NP) 54.58; 3. Brendon Loux (S) 54.72

100 free: 1. Else (NP) 48.83; 2. Musterait (S) 48.87; 3. Kelly (NP) 49.34

500 free: 1. Kountroubis (NP) 4:47.36; 2. Daly (NP) 4:58.57; 3. Skyler Trautz (NP) 5:12.31

200 free relay: 1. North Penn (Kelly, Shane Hennessey, Kountroubis, Else), 1:29.71; 2. Souderton, 1:31.13; 3. North Penn, 1:32.47

100 back: 1. Smith (NP) 54.31; 2. Storm Krader (S) 58.76; 3. David Grove (NP) 59.29

100 breast: 1. Nice (S) 1:02.40; 2. Harrison Friel (NP) 1:02.45; 3. Ryan Witoslawski (S) 1:02.72

400 free relay: 1. North Penn (Else, Supko, Kelly, Kountroubis), 3:18.13; 2. Souderton, 3:23.81; 3. North Penn, 3:23.95.

**Girls Swimming**

**North Penn 112, Souderton 68**

200 medley relay: 1. North Penn (Olivia DiStefano, Erin O'Neill, Anna Haggerty, Leah Brown), 1:50.77; 2. Souderton, 1:57.33; 3. North Penn, 1:59.64

200 free: 1. Megan Zartman (NP) 1:57.39; 2. Aimee Baur (NP) 1:59.77; 3. Jennifer Rogers (S) 2:01.38

200 IM: 1. Kailyn Evans (NP) 2:12.59; 2. Anna Haggerty (NP) 2:14.82; 3. Erin O'Neill (NP) 2:15.82

50 free: 1. DiStefano (NP) 24.44; 2. Ricki Lee Hodges (S) 25.25; 3. Leah Brown (NP) 25.71

100 fly: 1. Anna Haggerty (NP) 1:00.76; 2. Brown (NP) 1:03.75; 3. Michaela Hershey (S) 1:06.81

100 free: 1. Kailyn Evans (NP) 53.31; 2. Hodges (S) 54.58; 3. Kurlak (S) 56.64

500 free: 1. Zartman (NP) 5:14.80; 2. Heather Hartmann (NP) 5:24.75; 3. Jennifer Rogers (S) 5:31.97

200 free relay: 1. North Penn (Kailyn Evans, Leah Brown, Erin O'Neill, Megan Zartman), 1:40.98; 2. Souderton, 1:42.44; 3. North Penn, 1:44.68

100 back: 1. DiStefano (NP) 58.75; 2. Ariana Crossgrove (S) 1:02.58; 3. Maeve Ellen Wydan (NP) 1:07.02



North Penn's Kallyn Evans (bottom) touches the wall with Leah Brown launching as they compete in a 200 free relay event against Souderton during their meet at North Penn High School on Thursday, Jan. 22, 2015. (Mark C Psoras/The Reporter)

100 breast: 1. Lauren Rutkowski (S) 1:14.34; 2. Caroline Miller (NP) 1:15.04; 3. Emily Hodges (S) 1:15.59

400 free relay: 1. North Penn (DiStefano, Zartman, Evans, Galetta), 3:47.01; 2. North Penn, 3:54.82; 3. Souderton, 3:57.96.

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