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GIRLS SWIMMING: North Penn's 200 Free Relay breaks meet, pool records at Wilson Relays

By DENNY DYROFF
For The Reporter

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SPRING TOWNSHIP — Just like the boys' meet at Saturday's Wilson Relays at Wilson West Lawn High, the girls meet was loaded with many of the top teams from around the state — including North Penn and Upper Dublin.

Hershey claimed the team championship with 276 points while host Wilson was runner-up with 266 and North Penn third with 246. State College was fourth at 204 followed by Emmaus at 194 and Upper Dublin at 186.

North Penn's foursome of Eve Kosten, Olivia DiStefano, Tara Rogers and Emily Kosten broke the meet record in the 200-yard freestyle with a time of 1:37.52. The old record was 1:38.24 set by Wilson in 2011 and again in 2012.

"That time today was a second off our best," said Eve Kosten. "It was still pretty good for where we are in the season."

Kosten led off the Maidens' relay and was well aware that Wilson would be coming on hard as the race went on and that Hershey would be in gangbuster mode down the stretch with freestyle ace Meaghan Raab anchoring.

The Maidens not only won in meet record time, they erased the pool record of 1:37.96 set by Wilson in 2012.

"I knew that it was important for me to build a lead," said Kosten. "We were going for the meet record, so we're happy. Setting a pool record at Wilson is a real accomplishment."

The Maidens also touched first in the 400 freestyle relay when Rogers, DiStefano and the Kosten sisters hooked up for a combined time of 3:37.36 and first in the Grade 9-10 200 medley relay at 1:52.08 with the foursome of Olivia DiStefano, Erin O'Neill, Emily Kosten and Leah Brown.

North Penn put on a display of depth when it took second in the 200 backstroke relay at 1:51.84 with the quartet of DiStefano, Rogers, Becca Hoch and Emily Kosten and second in the 200 breaststroke relay at 2:15.21 with the team of Julie Krout, O'Neill, Quinn and Eve Kosten.

Upper Dublin was led by the foursome of Emily Houser, Julia Rodriguez, Casey O'Neill and Sam Wheatley. The talented quartet finished second in the 800 freestyle relay at 8:12.96, third in the 400 IM relay at 4:17.54 and third in the 200 butterfly relay with a clocking of 1:51.35.