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## WATER POLO: North Penn boys, girls cruise past Pennridge

By KEV HUNTER

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TOWAMENCIN — The goals kept coming for the North Penn boys water polo team on Thursday evening, with a common theme throughout.

"Counter attack, counter attack, counter attack," said the Knights' Brett Else. "We just keep doing that and even our set offense, we keep going. We work the ball around, work our set, work drives and everything. It's been going really well."

The Knights broke the game open in the second quarter and went on to defeat defending league champion Pennridge 19-4 in the Suburban One League clash.

Else scored four of his game-high five goals in the second quarter to turn a 5-2 Knight advantage into a 12-4 lead by halftime.

"In the first quarter, we kind of came out slow," said Else, who



North Penn defender Kelly Fellmeth, 3, smothering Pennridge's Jessica Gross, 17, as they go for a ball during their water polo contest at North Penn High School on Thursday, September 19, 2013. Photo by Mark C Psoras (Mark C Psoras)

also had a pair of assists in the win. "This has happened in a couple of games. We just want to get our tempo up and that worked a little bit more this game. And in the second half we just kept going, didn't stop. We really played like a team."

Nine different players scored goals for North Penn, which improved to a perfect 5-0

"We were getting up the pool, getting a lot of the 2-on-1's and making the game a little bit easier up there," coach Jason Grubb said.

Pennridge (2-5) hung in early, playing with a young nucleus that should get better with more experience.

"Every single game, we're seeing improvements and the guys are working hard together," coach Ken Vincent said of his squad, which includes no seniors.

"We're looking forward to finishing out the year strong as well as moving forward into the future."

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each had four steals to keep the Maidens unbeaten at 4-0.

The 9-1 victory included a pair of goals each from Aimee Baur and Olivia DiStefano. Pennridge (3-6) got its lone score from Maggie Walker.

The Maidens battled to a 4-1 lead at the break and then were able to

steadily pull away in the second half.

"North Penn is a great team," Rams coach Ryan Griffiths said. "(In the first half), to see our girls shut down what we knew (North Penn) would do and what we worked against in practice, was phenomenal. The rest of the game, we let mental mistakes and fatigue catch up with us. We've had a tough, front-loaded schedule, and what I like about our girls is that they're playing complete games. They continue to fight."

### Boys Water Polo

### North Penn 19, Pennridge 4

Pennridge 2 2 0 — 4

North Penn 5 7 3 4 — 19



North Penn defender Emily Brower, 6, smothering Pennridge's Maggie Walker, 16, as she looks to pass during their water polo contest at North Penn High School on Thursday, Sept. 19, 2013. (Mark C Psoras/The Reporter)

North Penn goals-assists: Kyle Supko 2-0; Thanas Kountroubis 3-1; Brett Else 5-2; Liam Kelly 2-1; Aaron



Sisko 1-0; Shane Hennessey 1-5; Mark Dunigan 0-1; Skyler Trautz 3-2; Mike Gallo 0-2; Cole Palumbo 1-0; Owen Marett 1-1

Saves: Jon Krail (NP) 12

**Girls Water Polo**

**North Penn 9, Pennridge 1**

Pennridge 1 0 0 0 — 1

North Penn 1 3 2 3 — 9

Pennridge goals-assists: Maggie Walker 1-0; Madison Trauger 0-1

The North Penn boys water polo team rallies together between periods of its contest against Pennridge at North Penn High School on Thursday, Sept. 19, 2013. (Mark C Psoras/The Reporter)

North Penn goals-assists: Kelly Fellmeth 1-0; Aimee Baur 2-2; Emily Brower 0-1; Julie Krout 0-2; Olivia DiStefano 2-0; Steph Galetta 1-0; Leah Brown 1-1; Erin O'Neill 1-2; Emily Dunigan 1-1

Saves: Trauger (P) 5; Kasey Walker (P) 0; Kat Perkins (NP) 4

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