

SPORTS

SWIMMING: Ikeda, North Penn sweep Souderton

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By MIKE CABREY

TOWAMENCIN — Jan Ikeda knew it was going to be a good day when her and the rest of the North Penn girls 200 medley relay opened the Maidens' meet with visiting Souderton with a winning time of 1:51.67.



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"We went the best time we had all season as a relay by like two seconds," Ikeda said. "So, it got us pumped up and ready to swim out or fastest in everything else we (were) doing."

The momentum certainly stayed with the Maidens the rest of the way in Tuesday afternoon's Suburban One League Continental Conference matchup at the Rick Carroll Natatorium, winning nine of the 12 events to best the rival Indians 114-72.

On the boys side, North Penn's Peter Kolokithias and Patrick Dunigan each won two events and the Knights earned a 106-78 victory over Souderton.

"I think we came out a little flat, disqualified that first relay (200 medley relay) which is pretty uncharacteristic of these guys," North Penn boys coach Brian Daly said. "But I think to their credit, they kind of got together and stretched and regrouped a little bit. And came out the second half of the meet a lot sharper."

Ikeda earned first place in both the 200 individual medley (2:15.78) and the 100 fly

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(58.35), while also swimming on 400 free relay for North Penn (9-0, 6-0 conference) that won the event in a time of 3:42.53.

"I felt pretty good," the senior Maiden said. "I'm right where I need to be this time of the season."

Kolokithias earned victories in a pair of freestyle events — winning the 200 free in 1:47.64 and the 100 free in 49.33 — as North Penn (9-0, 6-0) collected a total of nine first-place finishes and had the top time in the 400 relay the Knights swam as exhibition.

Dunigan won the 200 medley (2:02.72), then claimed first in the 500 free by hitting the wall at 4:53.58.

"I was very happy with it, very excited with my time," said Dunigan of his 500 free finish.

The junior Knight said North Penn was able to shake off its early meet doldrums by holding a team huddle during the diving break.

"We went in the back hallway and regrouped and came back out," Dunigan said. "Just came out fast in the second half."

Ozzie Moyer was the only individual winning for the Souderton boys, claiming first in diving with a score of 287.25.

"I expected it on the guys side, we're completely overmatched on the guys side," Indians coach Todd Bauer said. "We win a lot of meets and it's good to swim teams that kind of put you in your place. That helps sets the standard for you, something to strive for."

North Penn and Souderton are back in the pool Tuesday for SOL Continental meets. The North Penn girls hosts Central Bucks East, while the Knights visits East — both contests start at 3:30 p.m. Souderton boys and girls hosts CB West at 3:45 p.m.

Chloe Thomas was one of three Souderton girls to claim an individual event win, taking first in the 50 free with a time of 24.96. She was also second in the 100 free (54.60).

The Indians' Alyssa Santangelo won the 100 back (1:02.24), while April Kichline was first in the 100 breast (1:11.00) and second in the 200 individual medley (2:18.43).

"I'd be lying if I didn't say I was disappointed," said Bauer of the Souderton girls' performance. "We didn't have a great meet. North Penn completely outclassed us. They outswam us, they outdove us, they outcoached us, they out-everythinged (us)."



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For North Penn, Eve Kosten won the 500 free in a time of 5:23.89 and also earned a second place finish in the 200 free (2:00.09). Tara Rogers had the best time in the 100 free (54.24) and was second in the 50 free with a time of 25.06.

"It was great meet," Maidens coach Matt Weiser said. "Rivalry meet between two schools and the rivalry between the two schools it doesn't matter what sport it is, it's always high. And to come out with a victory like that, I think it speaks volumes for the team."

Boys

North Penn 106, Souderton 78

200 Medley Relay: 1. Souderton (Elliott Miller, Alex Paparella, Triston Loux, Kevin Musterait) 1:45.38 2. North Penn 1:50.39 3. Souderton 1:50.83.

200 Free: 1. Peter Kolokithias (NP) 1:47.64 2. Jack Morris (NP) 1:49.30 3. Eugene Feeley (NP) 1:52.56.

200 Individual Medley: 1. Patrick Dunigan (NP) 2:02.72 2. Matt Otlieb (NP) 2:06.15 3. Tomas Gimenez (NP) 2:07.23.

50 Free: 1. Jason Deana (NP) 22.38 2. Elliott Miller (S) 23.18 3. Josh Hoch (NP) 23.25.

Diving: 1. Ozzie Moyer (S) 287.25.

100 Fly: 1. Matt Otlieb (NP) 53.63 2. Jack Morris (NP) 55.78 3. Triston Loux (S) 57.76.

100 Free: Peter Kolokithias (NP) 49.33 2. Michael Hay (S) 51.41 3. Kevin Musterait (S) 51.43.

500 Free: 1. Patrick Dunigan (NP) 4:53.58 2. Nick Wieder 3. Eugene Feeley (NP) 5:04.07.

200 Free Relay: 1. North Penn (Josh Hoch, Jason Sisko, Tomas Gimenez, Jason Deana) 1:29.06 2. North Penn 1:33.46 3. Souderton 1:34.02.

100 Back: 1. Jacob Sisko (NP) 57.54 2. Elliott Miller (S) 59.16 3. Greg Neidlinger (NP) 1:04.24.

100 Breast: 1. Tomas Gimenez (NP) 1:03.45 2. Nick Poulin (NP) 1:05.43 3. Alex Paparella (S) 1:06.11.

400 Free Relay (North Penn swam as exhibition): 1. Souderton (Michael Hay, Elliott Miller, Triston Loux, Kody Veit) 3:28.95 2. Souderton 3:39.59 3. Souderton

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3:59.05 (Fastest time: North Penn (Peter Kolokithias, Jason Sisko, Matt Otlieb, Jason Deana) 3:17.32).

Girls

North Penn 114, Souderton 72

200 Medley Relay: 1. North Penn (Katie Patterson, Mary Morris, Jan Ikeda, Kelly Rogers) 1:51.67 2. Souderton 1:55.02 3. North Penn 1:59.19.

200 Free: 1. Brooke Else (NP) 1:59.25 2. Eve Kosten (NP) 2:00.09 3. Erica Witoslawski (S) 2:01.63.

200 Individual Medley: 1. Jan Ikeda (NP) 2:15.78 2. April Kichline (S) 2:18.43 3. Julie Krout (NP) 2:18.60.

50 Free: 1. Chloe Thomas (S) 24.96 2. Tara Rogers (NP) 25.06 3. Ann Fadden (S) 25.45.

Diving: 1. Ashley Liss (NP) 207.55 2. Erica Elias (NP) 180.75 3. Heather Paolone (NP) 161.10.

100 Fly: 1. Jan Ikeda (NP) 58.35 2. Mary Morris (NP) 1:02.04 3. Megan Furey (S) 1:03.36.

100 Free: 1. Tara Rogers (NP) 54.24 2. Chloe Thomas (S) 54.60 3. Brooke Else (NP) 54.73.

500 Free: 1. Eve Kosten (NP) 5:23.89 2. Laureana Zrada (S) 5:33.24 3. Sarah Kesack (S) 5:33.98.

200 Free Relay: 1. North Penn (Marry Morris, Eve Kosten, Valerie Stearns, Brooke Else) 1:42.02 2. Souderton 1:42.34 3. North Penn 1:50.00.

100 Back: 1. Alyssa Santangelo (S) 1:02.24 2. Katie Patterson (NP) 1:03.53 3. Karlie Vogt (NP) 1:05.15.

100 Breast: 1. April Kichline (S) 1:11.00 2. Mary Morris (NP) 1:11.55 3. Julie Krout (NP) 1:12.99.

400 Free Relay: 1. North Penn (Eve Kosten, Tara Rogers, Brooke Else, Jan Ikeda) 3:42.53 2. Souderton 3:52.78 3. North Penn 4:01.69.

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