

North Penn sweeps Souderton

By: BILL KEEN The Intelligencer

The Knights and Maidens remained unbeaten in the SOL Continental meets.

TOWAMENCIN - There are still more than two months to go before the start of the baseball season, but North Penn's boys swimmers almost pitched a shutout Tuesday against Souderton.

The Indians dominated the diving, as Ozzie Moyer and teammate Tyler Wenzel easily went 1-2, but it took a disqualification in the opening 200-yard medley relay to prevent the Knights from taking first in every swimming event in a 106-78 win, which kept them perfect in the Suburban One League Continental Conference standings.

In the girls meet, Souderton managed three individual victories - Chloe Thomas took the 50 freestyle, Alyssa Santangelo the 100 backstroke and April Kichline the 100 breaststroke - but the Maidens were too deep and too strong as they, too, kept their perfect league record intact, 114-72.

Despite his team's convincing performance, Knights coach Brian Daly wasn't quite as impressed with the way the meet started, even though his guys went 1-2-3 in the 200 free and 200 individual medley, and first and third in the 50 free.

"I think we came out of the gate pretty sluggish," he said. "The medley, even with the DQ, was not a great time; the 200 (free), all three times were a little bit off either their best time or what they were hoping to go, and the same with the IM.

"We were really hesitant about resting for this because it's a big meet, but I think coming out of diving, they started showing a little determination."

North Penn had two individuals win a pair of events each. Peter Kolokithias was first in the 100 and 200 free, while Patrick Dunigan captured the IM and the 500 free, where his time of 4:53.58 was his best of the season and just a few ticks off his personal best.

"I was surprised that I won by 10 seconds," said Dunigan, who was waiting at the wall when the Indians' Nick Wider finished second in 5:03.37. "I was hoping to go under 4:54, and I did, so I was very pleased with it. I'm about two seconds ahead of where I was (in the 500) last season, and now same thing with the IM, so I'm happy with it."

Things were actually easier for the Maidens even though they "only" won nine of the 12 events. The lone double winner was Jan Ikeda in the IM and the 100 butterfly. Brooke Else won the 200 free and Tara Rogers the 100 free, while Eve Kosten was first in the 500 free. Like Dunigan in the boys meet, she was nearly 10 seconds ahead of runner-up Laureana Zrada of Souderton, 5:23.89 to 5:33.24.

When the Maidens followed the 500 with a win in the 200 free relay, they were riding a five-event winning streak. It was then that Souderton's Santangelo got some well-timed advice.

"I wanted to give the team a little boost," Santangelo, a sophomore, said. "Bill Hence, our diving coach, told me before I swam to remember to have Souderton pride even though we weren't going to win. + My last lap, I was really tired, but I just had to remember that Souderton pride."

Indians coach Todd Bauer admitted he and his athletes knew the chances of winning the meet were slim, but he was encouraged with the wins by Santangelo and Kichline, especially since they came at the end of the meet.

"I said to the girls after diving that we were already sunk," said Bauer, referring to the Maidens' 1-2-3 sweep off the board. "It's really easy when you're getting beat the way we got beat today to fold up, but I think Alyssa and April really turned it around and made a statement.

"We're so young - only three seniors, and Alyssa and April are sophomore and freshman - and they stepped up and showed the team how it's supposed to go."

Boys

North Penn 106, Souderton 78

200-yard medley relay: 1. Souderton (Elliott Miller, Alex Paparella, Triston Loux, Kevin Musterait), 1:45.38; 2. North Penn, 1:50.39; 3. Souderton, 1:50.83; 200 freestyle: 1. Peter Kolokithias (NP), 1:47.64; 2. Jack Morris (NP), 1:49.30; 3. Eugene Feeley (NP), 1:52.56; 200 IM: 1. Patrick Dunigan (NP), 2:02.72; 2. Matt Ortlieb (NP), 2:06.15; 3. Tomas Gimenez (NP), 2:07.43; 50 freestyle: 1. Jason Deana (NP), 22.38; 2. Miller (S), 23.18; 3. Josh Hoch (NP), 23.25; Diving: 1. Ozzie Moyer (S), 287.25; 2. Tyler Wenzel (S), 219.05; 3. Hoch (NP), 184.20; 100 butterfly: 1. Ortlieb (NP), 53.63; 2.

Morris (NP), 55.78; 3. Loux (S), 57.76; 100 freestyle: 1. Kolokithias (NP), 49.33; 2. Kevin Hay (S), 51.41; 3. Musteraid (S), 51.43; 500 freestyle: 1. Dunigan (N), 4:53.58; 2. Nick Wieder (S), 5:03.37; 3. Feeley (NP), 5:04.07; 200 freestyle relay: 1. North Penn (Hoch, Jake Sisko, Gimenez, Deana), 1:29.06; 2. North Penn, 1:33.46; 3. Souderton, 1:34.02; 100 backstroke: 1. Sisko (NP), 57.54; 2. Miller (NP), 59.16; 3. Greg Neidlinger (NP), 1:04.24; 100 breaststroke: 1. Gimenez (NP), 1:03.45; 2. Nick Poulin (NP), 1:05.43; 3. Paparella (S), 1:06.11; 400 freestyle relay: 1. North Penn (Kolokithias, Sisko, Ortlieb, Deana), 3:17.32; 2. North Penn, 3:23.37; 3. Souderton, 3:28.95.

Records: Souderton (4-3, 4-2 SOL Continental); North Penn (9-0, 6-0 SOL Continental)

Girls

North Penn 114, Souderton 72

200-yard medley relay: 1. North Penn (Katie Patterson, Mary Morris, Jan Ikeda, Tara Rogers), 1:51.67; 2. Souderton, 1:55.02; 3. North Penn, 1:59.19; 200 freestyle: 1. Brooke Else (NP), 1:59.25; 2. Eeve Kosten (NP), 2:00.09; 3. Erica Witoslawski (S), 2:01.63; 200 IM: 1. Ikeda (NP), 2:15.78; 2. April Kichline (S), 2:18.43; 3. Julie Krout (NP), 2:18.60; 50 freestyle: 1. Chloe Thomas (S), 24.96; 2. Rogers (NP), 25.06; 3. Ann Fadden (S), 25.45; Diving: 1. Ashley Liss (NP), 207.55; 2. Erica Elias (NP), 180.75; 3. Heather Paolone (NP), 160.10; 100 butterfly: 1. Ikeda (NP), 58.35; 2. Morris (NP), 1:02.40; 3. Megan Furey (S), 1:03.36; 100 freestyle: 1. Rogers (NP), 54.24; 2. Thomas (S), 54.60; 3. Else (NP), 54.73; 500 freestyle: 1. Kosten (NP), 5:23.89; 2. Lareana Zrada (S), 5:33.24; 3. Sarah Kesack (S), 5:33.98; 200 freestyle relay: 1. North Penn (Morris, Kosten, Val Stearns, Else), 1:42.02; 2. Souderton, 1:44.45; 3. North Penn, 1:50.26; 100 backstroke: 1. Alyssa Santangelo (S), 1:02.24; 2. Patterson (NP), 1:03.53; 3. Rebecca Vogt (NP), 1:05.38; 100 breaststroke: 1. Kichline (S), 1:11.00; 2. Morris (NP), 1:11.55; 3. Krout (NP), 1:12.99; 400 freestyle relay: 1. North Penn (Kosten, Rogers, Else, Ikeda), 3:42.53; Souderton, 3:52.78; 3. North Penn, 4:01.69.

Records: Souderton (5-2, 5-1 SOL Continental); North Penn (9-0, 6-0 SOL Continental).

Bill Keen can be reached at 215-345-3185 or bkeen@phillyburbs.com.

January 26, 2011