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Sports

DISTRICT 1 SWIMMING: Knights back on top as champs

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By KEV HUNTER
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PHILADELPHIA — The unified celebratory plunge into Kirk Pool was a fitting finale for the North Penn boys swim team on Saturday afternoon, since the Knights had pretty much spent the entire weekend doing everything as a team.

The Knights got points in every event, lifetime-best swims from every competitor, and not only clinched a district championship early but opened up ground on all of their rivals.

As they emerged from the pool for the final time, the reality of a championship began to sink in. Soaking wet, the Knights had ended a drought — for the first time since 2007, the Knights are on top of District One.

“We’re very excited — I’ve been waiting for this since my freshman year,” said junior Pat Dunigan, who won bronze in the 500-yard freestyle. “We were close to winning it two years ago, close again last year, and now as a junior, it’s great because we can do it again next season. We wanted it as a team.”

The Knights had three different individuals medal at LaSalle University on Saturday, including Dunigan, who was one of the guys that made sure North Penn built upon its big lead going into Day Two.

“Yesterday, we had a team meeting, and we talked about how everybody had made it up to the podium (on Day One). That really gave us momentum,” he said of NP’s numerous trips to the medal stand. “We came out today and just wanted to finish it.”

The Knights also got fifth-place finishes from Jason Deana in the 100 free and Tomas Gimenez in the 100 breast to pad their lead over second-place Upper Dublin. The Knights finished with 265 points, 46 better than the Cardinals, who, in 2008, ended NP’s streak of 19 consecutive district titles.

North Penn was runner-up that season, placed seventh in districts in ‘09, and then was runner-up again last winter. This year though, everything — and everyone — came together for NP.

“We have a great rivalry with Upper Dublin and a lot of the teams on deck here,” Knights coach Brian Daly said. “We focused on personal improvement, and then everything else would fall into place. This is great (to win the title). Back at the beginning of the year, the seniors stated it as a goal - they wanted to bring the trophy back to North Penn. A lot of guys have said that, but these guys really followed through on it.”

With first-place already secured, the Knights wrapped up the meet by earning a bronze in the 400 free relay, with a team of senior Peter Kolokithias, senior Jacob Sisko, senior Matt Ortlieb and junior Jason Deana cutting through the water as roars from the North Penn swimmers and fans descended upon the deck.

Maidens

place fourth

The North Penn girls finished fourth in Class 3A, with freshman Tara Rogers earning a fourth-place finish in the 100 freestyle to get the afternoon started.

The Maidens, in second when the day began, trailed Upper Dublin by one point heading into Day Two, but the Cardinals bolstered their lead by getting points from multiple swimmers in the 100 backstroke and earning silver in the 400 free relay.

Upper Dublin finished with 239 points, followed by Downingtown West (207), Council Rock North (206) and North Penn (202).

The Maidens will be well-represented at states, and finished districts off by earning a bronze in the 400 free relay, with a team of Rogers, junior Brooke Else, freshman Eve Kosten and senior Jan Ikeda touching in 3:33.23.

Boys swimming

District One championships

Class AA

Team standings

1. Springfield M, 439.5 points; 2. Bishop Shanahan, 279; 3. Upper Perkiomen, 253; 4. Holy Ghost Prep, 216; 5. Upper Merion, 201; 6. Pottsgrove, 142; 7. Upper Moreland, 139.5; 8. Sun Valley, 82; 9. Phoenixville, 68; 10. Lower Moreland, 62.

Individual results

100-yard freestyle: 1. Daniel Gosek (Holy Ghost Prep) 46.46; 2. Nathan Reed (Delaware County Christian) 46.60; 3. Jake Oeschger (Springfield M) 48.63; 4. Michael Williams (Bishop Shanahan) 49.47; 5. Chris McTear (Springfield M) 49.61; 6. Nick Eppinger (Upper Merion) 50.20; 7. Joe McErlean (Bishop Shanahan) 50.30; 8. Matthias Bell (Springfield M) 50.44.

500 freestyle: 1. Jesse Fallon (Springfield M) 4:51.39; 2. Ondrej Maxian (New Hope Solebury) 4:54.06; 3. Jason Lamoreaux (Upper Merion) 4:58.50; 4. Bill Riley (Springfield M) 5:02.75; 5. Ben Mancini (Springfield M) 5:09.00; 6. Kyle Reynolds (Bishop Shanahan) 5:10.89; 7. Aiden Wilson (Bishop Shanahan) 5:16.44; 8. Carl Dyke (Upper Moreland) 5:20.41.

100 backstroke: 1. Brendan McCarthy (Bishop Shanahan) 53.44; 2. Michael Knaus (Devon Prep) 55.60; 3. Rob Lowery (Delaware County Christian) 56.21; 4. Kyle Himmelwright (Upper Perkiomen) 56.24; 5. Harrison Lynch (Springfield M) 56.92; 6. Keith Weaver (Springfield M) 57.07; 7. Nick Eppinger (Upper Merion) 57.74; 8. Alex Pronzato (Upper Moreland) 58.84.

100 breaststroke: 1. Tyler Gross (Pottsgrove) 1:00.72; 2. Ryan McWilliams (Springfield M) 1:02.99; 3. Patrick Smith (Upper Moreland) 1:03.46; 4. AJ Konstathis (Pottsgrove) 1:03.96; 5. Peter Soll (Upper Merion) 1:04.76; 6. Quinn Perlstein (Upper Perkiomen) 1:05.04; 7. Zak Kibler (Upper Perkiomen) 1:05.32; 8. Joey Devine (Bishop Shanahan) 1:06.52.

400 freestyle relay: 1. Springfield M, 3:15.85; 2. Bishop Shanahan, 3:19.92; 3. Holy Ghost Prep, 3:22.08; 4. Upper Perkiomen, 3:25.37; 5. Upper Moreland, 3:28.75; 6. Upper Merion, 3:36.33; 7. Phoenixville, 3:37.73; 8. Harriton, 3:44.56.

Class AAA

Team standings

1. North Penn, 265 points; 2. Upper Dublin, 219; 3. West Chester Henderson, 186; 4. Avon Grove, 151; 5. Central Bucks East, 142.5; 6. Haverford, 140; 7. Plymouth-Whitemarsh, 121; 8. Hatboro-Horsham, 112; 9. Souderton, 88; 10. Downingtown West, 83.

Individual results

100-yard freestyle: 1. Andrew Kusic (West Chester Henderson) 44.45 (meet record, previous mark 44.64 in 2009 by Shane Austin); 2. Alex Chialastri (Plymouth-Whitemarsh) 46.13; 3. Ashton Leyens (Upper Dublin) 46.66; 4. Riley Weber (Central Bucks East) 46.67; 5. Jason Deana (North Penn) 46.70; 6. Tyler Early (Great Valley) 46.71; 7. John Maza (West Chester Henderson) 47.17; 8. Mike Shaeffer (Hatboro-Horsham) 47.58.

500 freestyle: 1. Matthew Drohan (Unionville) 4:40.13; 2. Connor Forlini (William Tennent) 4:40.52; 3. Patrick Dunigan (North Penn) 4:43.15; 4. Jordan Carey (Avon Grove) 4:45.63; 5. Jimmy Newman (Council Rock North) 4:47.83; 6. Kody Viet (Souderton) 4:48.94; 7. Brandon Smiddy (Unionville) 4:50.30; 8. Ryan Henrici (Conestoga) 4:51.14.

100 backstroke: 1. Shane Ryan (Haverford) 48.63 (meet record, previous mark 49.60 set by Ryan, 2010); 2. Nic Graesser (Conestoga) 50.29; 3. Andrew Blyskal (Avon Grove) 51.03; 4. John Quagliariello (Springfield D) 51.14; 5. Kyle Lukens (Plymouth-Whitemarsh) 51.50; 6. Tim Ware (Central Bucks South) 51.63; 7. Bobby Bantley (Upper Dublin) 51.74; 8. Aaron Cancro (Spring-Ford) 52.84.

100 breaststroke: 1. Thomas McCormick (West Chester Henderson) 58.19; 2. Ryan Hausler (Avon Grove) 58.72; 3. Kerry Thompson (Central Bucks East) 59.37; 4. JC Logan (Strath Haven) 59.50; 5. Tomas Gimenez (North Penn) 59.86; 6. Cooper Tollen (Upper Dublin) 59.91; 7. Ryan Wolfe (Haverford) 1:00.40; 8. Louie Seefeld (Methacton) 1:00.56.

400 freestyle relay: 1. West Chester Henderson (Maza, McCormick, Brian Whitehead, Kusic), 3:08.02; 2. Upper Dublin, 3:08.90; 3. North Penn, 3:09.71; 4. Hatboro-Horsham, 3:12.01; 5. Plymouth-Whitemarsh, 3:13.00; 6. Haverford, 3:13.43; 7. Conestoga, 3:14.06; 8. Great Valley, 3:16.80.

Girls swimming

District One championships

Class AA

Team standings

1. Villa Maria, 516 points; 2. Springfield M 295; 3. Nazareth Academy, 215; 4. Phoenixville, 201; 5. Upper Moreland, 177; 6. Merion Mercy, 161; 7. Upper Merion, 115; 8. Upper Perkiomen, 93; 9. Gwynedd Mercy, 91; 10. Harriton, 74.

Individual results

100-yard freestyle: 1. Sarah Hitchens (Villa Maria) 52.84 (meet record, previous mark 52.85 by Victoria Glliespie, Nazareth Academy, 2010); 2. Molly O'Brien (Villa Maria) 53.61; 3. Julia Wisler (Villa Maria) 54.21; 4. Katie Edwards (Country Day School) 55.36; 5. Julia Murphy (Villa Maria) 55.64; 6. Brigid Clark (Springfield M) 56.96; 7. Taylor Jacobs (Upper Merion) 57.07; 8. Moira Lavelle (Harriton) 57.22.

500 freestyle: 1. Lauren Law (Villa Maria) 5:12.11; 2. Lizzie Manning (Merion Mercy) 5:14.33; 3. Courtenay Wilcox (Upper Merion) 5:16.67; 4. Rachel Law (Villa Maria) 5:21.83; 5. Claire Schumann (Villa Maria) 5:25.42; 6. Samantha Chamberlin

(Springfield M) 5:27.03; 7. Natalie Schuman (Villa Maria) 5:27.31; 8. Anna Hakes (Upper Moreland) 5:28.09.

100 backstroke: 1. Amber St. Clair (Upper Moreland) 58.83; 2. Taylor Mateja (Upper Merion) 59.56; 3. Kaitlin Alvanos (Villa Maria) 59.61; 4. Caroline Kelly (Merion Mercy) 1:00.48; 5. Erin McElwee (Phoenixville) 1:00.82; 6. Jeannie Grieve (Springfield M) 1:02.17; 7. Lauren Hirst (Nazareth Academy) 1:02.21; 8. Caitlin Coughlin (Octorara) 1:02.43.

100 breaststroke: 1. Jaime Kane (Pope John Paul II) 1:05.74; 2. Olivia Tierney (Villa Maria) 1:07.01; 3. Devonne Moore (Phoenixville) 1:08.10; 4. Shannon Harrington (Nazareth Academy) 1:08.12; 5. Katie Edwards (Country Day School) 1:08.57; 6. Rachel Munger (Springfield M) 1:09.71; 7. Meaghan Harrington (Nazareth Academy) 1:10.02; 8. Eileen Butler (Phoenixville) 1:10.63.

400 freestyle relay: 1. Villa Maria (Molly O'Brien, Julia Wisler, Lauren Law, Sarah Hitchens) 3:33.49 (meet record, previous mark 3:37.58 by Nazareth Academy, 2007); 2. Springfield M, 3:45.28; 3. Upper Moreland, 3:46.05; 4. Phoenixville, 3:46.78; 5. Merion Mercy, 3:51.26; 6. Gwynedd Mercy, 3:56.51; 7. Upper Perkiomen, 4:00.50; 8. Harriton, 4:00.57.

Class AAA

Team standings

1. Upper Dublin, 239; 2. Downingtown West, 295; 3. Council Rock North, 215; 4. North Penn, 202; 5. West Chester Henderson, 133; 6. Downingtown East, 124; 7. Souderton, 118.5; 8. Unionville, 117; 9. Haverford, 97; 10. Bayard Rustin, 96.

Individual results

100-yard freestyle: 1. Danielle Siverling (Downingtown East) 50.16 (meet record, previous mark 50.77 by Siverling, 2010); 2. Tommie Dillione (Council Rock North) 52.17; 3. Shannon Rauth (Downingtown West) 52.41; 4. Tara Rogers (North Penn) 52.84; 5. Carolyn Meier (Upper Dublin) 52.93; 6. Bethany DeWitt (Bayard Rustin) 53.29; 7. Mackenzie Hornibrook (Unionville) 53.45; 8. Kaci McIlmoyle (Avon Grove) 53.48.

500 freestyle: 1. Bizzy Millen (Council Rock North) 4:56.79; 2. Blaire Kinsey (Methacton) 4:58.38; 3. Madison Meyer (Council Rock North) 5:05.62; 4. Megan Siverling (Downingtown East) 5:06.30; 5. Codyanne Murtaugh (West Chester Henderson) 5:07.08; 6. Delaney Fox (Kennett) 5:08.22; 7. Emily Harris (Downingtown West) 5:09.79; 8. Erin Regan (Upper Dublin) 5:10.01.

100 backstroke: 1. (tie) Melanie Busch (William Tennent), Christina Leander (West Chester East), 55.60 (meet record, previous mark 55.96 by Megan Lafferty, Upper Dublin, 2009); 3. Alex Wheatley (Upper Dublin) 58.88; 4. Samantha Park (Council Rock North) 59.10; 5. Liz McKenna (Wissahickon) 59.66; 6. Laura Stephens (Unionville) 59.92; 7. Kelsey Lafferty (Kennett) 1:00.02; 8. Jane He (Pennsbury) 1:00.10.

100 breaststroke: 1. Kelly Carroll (Great Valley) 1:04.08; 2. Megan Mallon (Great Valley) 1:06.39; 3. Jennifer Mill (West Chester East) 1:06.43; 4. Megan Harris (Downingtown West) 1:06.52; 5. Lauren Early (Great Valley) 1:06.63; 6. Carlyn Evans (Downingtown West) 1:07.52; 7. Kendall Somer (Unionville) 1:07.65; 8. Emeline Leyens (Upper Dublin) 1:07.92.

400 freestyle relay: 1. Council Rock North (Kate Dillione, Bizzy Millen, Tommie Dillione, Madison Meyer) 3:30.06 (meet record, previous mark 3:31.11 by Souderton, 2009); 2. Upper Dublin, 3:31.00; 3. North Penn, 3:33.23; 4. Bayard Rustin, 3:33.91; 5. Downingtown East, 3:34.79; 6. West Chester Henderson, 3:35.47; 7. Perkiomen Valley, 3:36.60; 8. Downingtown West, 3:37.00.

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