

The Times Herald

Norristown and Montgomery County, PA

HOME | NEWS | SPORTS | OBITS | BUSINESS | OPINION | ENTERTAINMENT | LIFE | BLOGS | JOBS | REAL ESTATE | CARS | CLASSIFIEDS

SEARCH The Web TimesHerald.com



SPORTS

Upper Dublin heads list of locals in girls event

Published: Thursday, March 03, 2011



ADVERTISEMENT

Tweet 0 Digg + Recommend share Email Print RSS 0

By DENNY DYROFF
For the Times Herald

The battle for the team title at this year's District 1 Girls Class AAA Swimming Championships should be a wide open affair with quite a few teams jostling for the top spot.

When the competition commences Friday afternoon at La Salle University's Kirk Natatorium, two of the teams in the hunt should be Upper Dublin and North Penn.

In the all-important relays, Upper Dublin has the top seed in the 200-yard medley relay, the third seed in the 200 free relay and the fourth seed in the 400 free relay. Upper Dublin's top-seeded individual is Erin Regan. The Cardinals' ace is seeded fourth in the 100 butterfly and sixth in the 500 free.

"I met my exact goals," said Regan, after winning gold medals in the 200 freestyle and 100 butterfly at the recent Suburban One League American Conference Championships. "Now, I'm looking forward to having a good taper for districts."

Other Cardinal swimmers with solid individual seeds are Lindsey Schmidt (fifth, 50 freestyle), Carolyn Meier (third, 100 freestyle) and Emeline Leyens (fourth, 100 breaststroke).

North Penn also has the potential to score a lot of points in the relay events. The Maidens are seeded second in the 400 free relay, third in the 200 medley relay, fourth in the 200 free relay. Individually, Jan Ikeda is the meet's top-seeded swimmer in the 100-yard butterfly while her North Penn teammate Tara Rogers has the second seed in the 100 free.

The area swimmer with the most impressive individual seeds is Methacton's Blaire Kinsey. The veteran senior has the number one seed in the 500 freestyle and the number two seed in the 200 IM.

She is also part of the Warriors' seventh-seeded 200 medley relay.

"Earlier in the season, I was going out too fast in the 500 and then I'd die at the end," said Kinsey at the recent Perkiomen Valley Invitational. "Now, I'm swimming consistent splits. And, when I taper, they'll get better."

ADVERTISEMENT

Sports Calendar

- Sponsored**
3/08 8 PM [AAU Girls Basketball Tryout](#)
Stetson Middle School, West Chester
- 3/04 6 PM [Friday Night Pickup Basketball...](#)
Montgomery County Sports Performance Center, Harleysville
- 4/09 10 AM [Adam Spector Hodgkin's Lymphoma...](#)
Harriton High School, Bryn Mawr
- 5/14 9 AM [Broad Street ReRun](#)
Broad Street ReRun, Lansdale
- 7/02 8 AM [ATT National Saturday](#)
Aronimink Golf Club, Newtown Square **BUY**

Find Event:

Perkiomen Valley's Caroline Hodgins faces the formidable challenge of trying to beat Downingtown East's Danielle Siverling, the top performer at last year's PIAA Class AAA Championships and the Swimmer-of-the-Meet at the District 1 Class AAA Championships.

Hodgins is seeded second to Siverling in Friday's 200 freestyle race. In the 100 freestyle event on Saturday, Siverling has the number one seed while Hodgins enters the race as eighth seed.

Other qualifiers who will swim in the fast heat are Spring-Ford's Maddie Zimmerman, who is seeded second in the 100 butterfly, and Wissahickon's Liz McKenna, who has the sixth seed in the 100 backstroke.

In the girls' Class AA meet, Upper Merion had several competitors with high seeds – Courtenay Willcox (second, 200 free; second, 500 free), Taylor Mateja (second, 100 backstroke; fifth, 200 IM), Taylor Jacobs (seventh, 100 free) and Heather Krick (15th, 100 breast). The Vikings are also seeded second in the 200 free relay, fourth in the 200 medley relay.

Pope John Paul II's Jamie Kane may not have a team but she does have some impressive seeds for the district championships. The Golden Knights' senior is seeded first in the 100 breaststroke and second in the 200 IM.

Gwynedd-Mercy Academy is seeded fifth in the 200 free relay, ninth in the 200 medley relay and ninth in the 400 free relay. The Monarchs' top individual qualifier is Annalise Zengel.

[Return to Paging Mode](#)

Reader Comments »

[View reader comments \(0\)](#) » [Comment on this story](#) »

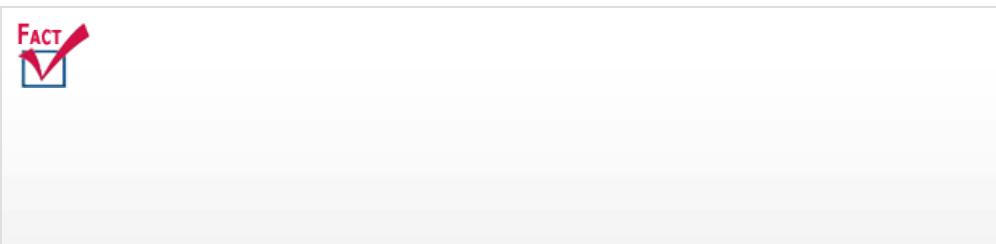
Recommend You recommend this. [Undo](#) · [Admin](#)
[Page](#) · [Insights](#) · **Error**

share

RECOMMENDED FOR YOU

- ▶ [Cougars struck down by Mount](#)
- ▶ [Prison for reckless teen driver in fatal crash](#)
- ▶ [Chi schools chief: Our students aren't 'failing'](#)
- ▶ [Initiative aimed at ending area's homelessness](#)
- ▶ [Cops: Delco family victimized by Del. man who ...](#)
- ▶ [Police seize weapons from home](#)

-- SPONSORED LINK --
[S.C. mom arrested after newborn found in toilet - U.S. news - Life](#)
(From DailyMe.com)



[Submit an Event](#) | [More Things To Do](#)

Local Sports Galleries



- » [Sports Photos](#)
- » [Share your Photos & Video](#)
- » [Order Photo Reprints](#)

ADVERTISEMENT

Top Sports Stories

- » [Knights earn respect with win at No. 4 U. Darby](#)
- » [Upper Dublin heads list of locals in girls event](#)
- » [PW's Chialastri in good spot for 200, 100 freestyle races](#)
- » [La Salle rolls to W](#)
- » [Vicks signs franchise tender](#)
- » [Ursinus chooses new defensive coordinator](#)
- » [Eagleville Taekwondo does well at Open](#)

Recent Activity on Facebook

You need to be logged into Facebook to see your friends' activity

No recent activity to display.

- <http://www.timesherald.com/articles/2011/viewmode=default>
67 people shared this.
- <http://www.timesherald.com/beautifulbaby>
33 people shared this.
- <http://www.timesherald.com/gasbuddy/>
9 people shared this.
- <http://timesherald.com/articles/2011/03/0>
9 people shared this.
- <http://timesherald.com/articles/2011/03/0>

Facebook social plugin

Blog Center

Golf Talk Live Blog

Tony Leodora talks everything golf.



Eagles Blogger Room

Bob Grotz blogs about the Philadelphia Eagles.



Phollowing the Phillies

Insight, observations on the first team in professional sports to reach 10,000 losses and the latest Philly team to make the playoffs - the Philadelphia Phillies.



In The Room

Going inside the locker rooms of the Philadelphia Flyers and the NHL with Daily Times beat writer Anthony J. SanFilippo



Deitch on the 76ers

Staff writer Dennis Deitch covers the 76ers.



Kids Play

Photos and stories from youth sports in Montgomery County.



[» More Blogs](#)

Sports AP Headlines

- » [Games that count the next step in Europe for NBA](#)
- » [Bibby starts settling in with Heat](#)
- » [Baseball union, owners' reps talk in Florida](#)
- » [NFL, union negotiators arrive for mediation](#)
- » [Roommate charged in Middle Tenn. St. player death](#)
- » [Injured Williams to play against Raptors in London](#)
- » [Queen's, Guelph play longest college hockey game](#)
- » [CTE found in ex-NHL star Probert's brain tissue](#)
- » [Agent: LB Hawk close to new deal with Packers](#)
- » [Elijah Dukes accused of slapping pregnant ex](#)

Sections: [Home](#) | [News](#) | [Sports](#) | [Obits](#) | [Business](#) | [Opinion](#) | [Entertainment](#) | [Life](#) | [Blogs](#) | [Video](#) | [Marketplace](#) | [Jobs](#) | [Real Estate](#) | [Cars](#) | [Classifieds](#)

Services: [Advertise With Us](#) | [Subscribe](#) | [Manage Your Subscription](#) | [Place A Classified Ad](#) | [Submit Announcements](#) | [Newspapers In Education](#) | [Community Connection](#) | [Contact Us](#) | [Member Center](#) | [Public Notices](#) | [RSS Feeds](#)

AllAroundPhilly Network: [Daily Local News](#) | [Delaware County Daily Times](#) | [La Voz](#) | [The Phoenix](#) | [The Mercury](#) | [The Reporter](#) | [The Times Herald](#) | [Trentonian](#) | [AllAroundPhilly.com](#) | [AllAroundPhillyHomes](#) | [AllAroundPhillyGolf](#) | [Camps & Programs](#)

© Copyright 2011 The Times Herald, a Journal Register Property & part of Journal Register PA -- All rights reserved | [Our Publications](#) | [About Our Ads](#) | [Privacy Policy/Terms of Service](#)