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Sports

BOYS SWIMMING: North Penn wins another Continental title

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WARRINGTON — North Penn swam to another conference title on Friday night, in record-breaking fashion.

The Knights broke two pool records at Central Bucks South High School along the way to racking up 532.50 points and capping an undefeated regular season with a first-place finish at the Suburban One League Continental Conference Championships.

Since 1973, the North Penn boys have won a league or conference crown every season, making it 39 titles in a row.

"It always feels good, especially when looking at the talent within our conference," said Knights coach Brian Daly, as he watched his team swim a necessary and also celebratory warm down. "CB East has a number of talented individuals, as well as Souderton, Hatboro-Horsham — they all drop significant time throughout the season. It's always nice when you can walk out of here with a title, given the caliber of the competition."

The Knights' foursome of Tomas Gimenez, Jacob Sisko, Brandon Anders and Jason Deana swam a 1:29.36 in the 200 free relay, breaking the record that the Knights set at South back in 2009.

In the meet's final event, North Penn cranked out a 3:18.14 in the 400 free relay, with a team of Matt Ortlieb, Jack Morris, Eugene Feeley and Peter Kolokithias. That also replaced a North Penn record set in '09.

Deana would also win two individual golds, in the 50 free and the 100 free.

"He really seems to be starting to come together here," Daly said of the junior. "That was his first time ever under 22 seconds (50 free), which was pretty solid. And he seems to enjoy the anchor spot on the relays. So it's nice to see that, and I gotta say, the team really feeds off of that. Because all it takes is one guy to do well, and it spreads throughout the whole team."

Also for the Knights, Pat Dunigan went under two minutes in the IM for the first time, earning silver, and in the second event of the night, Peter Kolokithias and Jack Morris swam lifetime bests in the 200 free to go one and two.

"That was the momentum we needed right out of the gate," Daly said.

The Knights displayed balance, and also pulled off a balancing act. It's not yet the time to max out your potential, but they were still able to place highly in just about every event without getting their best times across the board.

"We're just about to head into the taper faze of the season, so it brings somewhat of a mixed bag in this meet," Daly said. "Some guys responded very nicely, and some guys are a little sluggish at this point in the season. I guess it comes with the territory. But the positives far outweigh the negatives here tonight."

Suburban One League

Continental Conference

Boys Swim Championships

at Central Bucks South

Team Scoring: 1. North Penn (NP) 532.50; 2. Hatboro-Horsham (HH) 348.50; 3. Souderton (S) 329.50; 4. CB East (CBE) 291; 5. CB South (CBS) 246.50; 6. CB West (CBW) 162; 7. Penridge (Penn) 119; 8. Quakertown (Q) 49.

200 medley relay: 1. CB East (Kerry Thompson, Clay Clemens, Kevin Magee, Riley Weber), 1:39.34; 2. North Penn (Jacob Sisko, Tomas Gimenez, Matt Ortlieb, Jason Deana), 1:39.50; 3. Hatboro-Horsham (Chris Moore, Tim Janyszek, T.J. Guminski, Duane Adler), 1:43.72

200 free: 1. Peter Kolokithias (NP) 1:45.66; 2. Jack Morris (NP) 1:47.38; 3. Mike Chen (CBW) 1:49.82.

200 IM: 1. Kerry Thompson (CBE) 1:58.93 (pool record, old: 2:00.80, David Speese, 2011); 2. Pat Dunigan (NP) 1:59.14; 3. Matt Ortlieb (NP) 2:04.31.

50 freestyle: 1. Jason Deana (NP) 21.81; ; 2. Riley Weber (CBE) 21.99; 3. Mike Shaeffer (HH) 22.35.

100 fly: 1. Kevin Magee (CBE) 51.75; 2. Matt Ortlieb (NP) 52.77; 3. Tim Ware (CBS) 54.78.

200 free relay: 1. North Penn (Tomas Gimenez, Jacob Sisko, Brandon Anders, Jason Deana), 1:29.36 (pool record, old: 1:30.70, North Penn, 2009); 2. CB East, 1:29.44; 3. Souderton, 1:31.84.

100 free: 1. Jason Deana (NP) 48.0; 2. Riley Weber (CBE) 48.27; 3. Peter Kolokithias (NP) 49.01.

500 free: 1. Pat Dunigan (NP) 4:52.50; 2. Kody Veit (Soud) 4:59.82; 3. Nick Wieder (Soud) 4:59.85.

100 back: 1. Kevin Magee (CBE) 53.50; 2. Tim Ware (CBS) 55.03; 3. Brandon Anders (NP) 57.90.

100 breast: 1. Kerry Thompson (CBE) 1:01.05; 2. Tomas Gimenez (NP) 1:03.42; 3. Ryan Supplee (HH) 1:03.44.

400 free relay: 1. North Penn (Matt Ortlieb, Jack Morris, Eugene Feeley, Peter Kolokithias), 3:18.14 (pool record, old: North Penn, 3:19.14, 2009); 2. Hatboro-Horsham, 3:25.50; 3. Souderton, 3:27.33.

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