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Sports

SWIMMING: North Penn opens up with sweep

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By KEV HUNTER

TOWAMENCIN — The North Penn boys and girls swim teams looked to Friday's opening-day meet against Methacton with anticipation, and it showed in their performance.

"It was exciting," the Maidens' Jan Ikeda said. "It was a good way to see how our team is coming together as a whole, and what we have to offer."

The Maidens' lineup offers a little bit of everything, and it translated to a lot of points, as North Penn earned a 97-78 win over Methacton on the girls side, and the Knights were also impressive in a 96-79 victory over the Warriors.

"I'm very happy with the leadership of our upper classmen — the juniors and seniors," Knights coach Brian Daly said as his team finished up its warm down swim at a packed Rick Carroll Natatorium. "I think that really set a tone for the younger guys, which is really important because we have a big freshmen class and a big sophomore class. I think that translated into some fairly fast swimming today."

Jason Deana was especially fast for the Knights in this non-conference matchup, as he evoked a loud cheer from the home crowd when he hammered out a 49.06 in the 100 free to take first by almost two seconds.

"I was happy, especially with it being the first meet," Deana said with a big smile afterwards.

"Jason's been training really well," Daly said of the junior. "He's got an outstanding attitude, which just lends itself to fast swimming. He's been plugging away for the four weeks we've been in the water, and he kind of goes above and beyond the workout. He's really trying to excel, and I think that showed today."

Deana opened the meet by anchoring the winning medley relay, then he won the 50 free, the 100 free, and he also anchored the winning 200 free relay.

The Maidens also had a multiple winner — two in fact, as Tara Rogers took both the 50 free and the 100 free, and Jan Ikeda was tops in the 200 IM and the 100 fly. Ikeda also swam the third leg of the 200 medley relay.

"There's definitely a lot of depth and a lot of speed, and we have breaststrokers this year, which is different," Ikeda said happily of the team.

"We had a lot of good things, and a lot of things to improve on," Maidens coach Matt Weiser said. "Leading up to today has been great. The last few weeks, the girls have been awesome. Our seniors have been awesome leaders, and everyone else has just been following behind them."

Ikeda, a senior, won the 200 IM by almost five seconds.

"I was actually surprised with that swim — I came out a lot stronger than I thought I would," she said. "In previous years I was like fighting to get under 2:17, and I came out today with a 2:16."

Methacton also came away from its season opener with plenty to feel good about, including some nice swims from Alex Rodman in the girls IM and free races.

"North Penn's always a strong team, but I felt like we came out, we raced, and got some good times," Warriors girls coach Ben Yoder said. "That looks good for the next couple meets."

North Penn is accustomed to opening the season with a win, but maybe this year was a little different.

"We've been working together at practice, and you can sense the competition and the drive with everyone — the competitive spirit," Ikeda said. "In previous years, it wasn't as fun, and I don't know why, but it's a lot more fun this year — because we are so competitive, and we all just love the sport."

The NP boys and girls travel to Hatboro-Horsham Tuesday, and the Warrior squads host Yoder's alma mater, West Chester Henderson, on Tuesday.

Boys Swimming

North Penn 96, Methacton 79

200 medley relay: 1. North Penn (Kolokithias, Gimenez, Ortlieb, Deana), 1:40.35; 2. Methacton, 1:47.33; 3. North Penn, 1:52.10.

200 free: 1. Eugene Feeley (NP) 1:52.87; 2. Jack Morris (NP) 1:54.28; 3. Kevin Dunigan (NP) 1:55.70.

200 IM: 1. Pat Dunigan (NP) 2:07.52; 2. Thomas (NP) 2:07.98; 3. Matt Ortlieb (NP) 2:09.13.

50 free: 1. Jason Deana (NP) 22.45; 2. Kolokithias (NP) 23.68; 3. Anthony Picozzi (M) 24.20.

Diving: 1. Josh Hoch (NP) 214.50; 2. A.J. Russo (NP) 209.25; 3. Daniel Roy (M) 184.70.

100 fly: 1. Matt Ortlieb (NP) 54.90; 2. Kevin Dunigan (NP) 59.72; 3. Eric Bai (M) 1:00.05.

100 free: 1. Jason Deana (NP) 49.06; 2. Eugene Feeley (NP) 51.04; 3. Jack Morris (NP) 51.72.

500 free: 1. Colin Kelly (NP) 5:16.71; 2. Nick Pulli (NP) 5:18.49; 3. Jonathan Krail (NP) 5:20.14.

* North Penn swam the last four events as exhibitions.

200 free relay: 1. North Penn (Feeley, Hoch, Morris, Deana), 1:32.30; 2. North Penn, 1:37.81; 3. Methacton, 1:38.09.

100 back: 1. Kolokithias (NP) 57.80; 2. Pat Dunigan (NP) 58.72; 3. Colin Mansfield (M) 1:06.32.

100 breast: 1. Louie Seefeld (M) 1:00.16; 2. Tomas Gimenez (NP) 1:03.43; 3. Nick Poulin (NP) 1:06.17.

400 free relay: 1. North Penn (Nick Pulli, Christy, Neidlinger, Kelly), 3:46.07; 2. Methacton, 3:48.29; 3. North Penn, 3:55.17.

Girls Swimming

North Penn 97, Methacton 78

200 medley relay: 1. North Penn (Patterson, Kosten, Ikeda, Morris), 1:54.27; 2. Methacton, 1:55.62; 3. North Penn, 2:00.28.

200 free: 1. Brooke Else (NP) 2:04.13; 2. Lindsay Musoleno (NP) 2:10.15; 3. Kelly Rogers (NP) 2:11.35.

200 IM: 1. Jan Ikeda (NP) 2:16.52; 2. Julie Krout (NP) 2:21.33; 3. Alex Rodman (M) 2:30.32.

50 free: 1. Tara Rogers (NP) 25.22; 2. Mary Morris (NP) 25.95; 3. Nicole Young (M) 26.24.

Diving: 1. Erich Elias (NP) 215.10; 2. Ashley Liss (NP) 190.60; 3. Heather Paolone (NP) 189.50.

100 fly: 1. Jan Ikeda (NP) 59.20; 2. Katie Patterson (NP) 1:04.81; 3. Caelan McCann (M) 1:07.96.

100 free: 1. Tara Rogers (NP) 55.0; 2. Eve Kosten (NP) 55.19; 3. Brooke Else (NP) 56.04.

500 free: 1. Aspen Trautz (NP) 5:40.19; 2. Lindsay Musoleno (NP); 3. Kelly Rogers (NP) 5:43.14.

* North Penn swam the last four events as exhibitions.

200 free relay: 1. Methacton (Rodman, McCann, Sykes, Young), 1:48.26; 2. Methacton, 1:57.84.

100 back: 1. Rebecca Hoch (NP) 1:02; 2. Audrey Rittenhouse (M) 1:03.40; 3. Katie Patterson (NP) 1:04.66.

100 breast: 1. Alex Young (M) 1:17.10; 2. Brooke Dobbs (M) 1:25.86; 3. Natalie Rittenhouse (M) 1:40.61.

400 free relay: 1. Methacton (Skyes, Li R, O'Rourke, Rittenhouse), 4:16.55; 2. Methacton, 4:28.21.

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